

TRICARE Reserve Select® (when not on active orders; service member/family)

TRICARE Reserve Select is:

- A premium-based plan
- For qualified Selected Reserve members and their families

Who Can Participate?

Members of the Selected Reserve (and their families) who meet the following qualifications:

- Not on active duty orders
- Not covered under the Transitional Assistance Management Program
- Not eligible for or enrolled in the Federal Employees Health Benefits (FEHB) program

How it Works

Schedule an appointment with any TRICARE-authorized provider

- If you visit a [non-network provider](#), you'll pay higher cost shares and may have to file your own health care claims.
- If you visit a [network provider](#), you'll pay lower cost shares and the provider will file health care claims for you.

Or, request an appointment at a [military hospital](#) or clinic if space is available.

Referrals are not required for any type of care, but you may need pre-authorization from your regional contractor for some types of services.

What You Pay

- Monthly premiums
- Annual deductible
- Cost share (or percentage) for covered services

[>>View TRICARE Reserve Select Costs](#)

Is TRICARE Reserve Select Right for You?

You can decide to use TRICARE Reserve Select if you're:

- a member of the Selected Reserves,
- not on active duty orders or covered by the Transitional Assistance Management Program, and
- not eligible for or enrolled in the FEHB.

The plan provides comprehensive health care coverage when you're not **activated** and covered by active duty TRICARE benefits. And, because you can see any provider, you don't have to change providers if you already have one.

How to Enroll

You can enroll online or by phone*. Visit the [TRS Enrollment page](#) for more information.

Enrollment Fees or Premiums	Enrollment Fees or Premiums	Member only: \$47.20/month Member + Family: \$238.99/month
Deductibles	Deductible	E1-E4: \$52/individual and \$105/family E5 & above: \$158/individual and \$317/family
Catastrophic Cap	Catastrophic Cap	\$1,058
Health Plan Costs	Outpatient Visit - Primary	Network: \$15 Non-network: 20%
	Outpatient Visit - Specialty	Network: \$26 Non-network: 20%
	Urgent Care	Network: \$21 Non-network: 20%
	Emergency Services	Network: \$42 Non-network: 20%
	Laboratory and X-Ray	Network: \$0 Non-network: 20%

TRICARE Prime® (when active duty 30+ days; service member/family)

TRICARE Prime is a managed care option available in Prime Service Areas

- [Enrollment](#) is required; some beneficiaries pay annual enrollment fees.

Who Can Participate?

- Active duty service members and their families
- Retired service members and their families*
- **Activated** (Called or ordered to active duty service for more than 30 days in a row) Guard/Reserve members and their families
- Non-activated Guard/Reserve members and their families who qualify for care under the [Transitional Assistance Management Program](#)
- Retired Guard/Reserve members at age 60 and their families*
- Survivors
- Medal of Honor recipients and their families
- Qualified former spouses

How it Works

You have an assigned primary care manager (PCM) who provides most of your care.

- Military or network provider
- Refers you to specialists for care he or she can't provide
- Works with your regional contractor for referrals/authorization
- Accepts your **copayment** and files claims for you

What You Pay

- Active duty service members pay nothing out-of-pocket.
 - Active duty family members pay nothing unless using the [point-of-service option](#).
 - All other beneficiaries pay [annual enrollment fees](#) and [network copayments](#).
- [>>View TRICARE Prime Costs](#)

Is TRICARE Prime Right for You?

- If you're on active duty, you have to enroll in TRICARE Prime.
- All others can choose to enroll in TRICARE Prime or TRICARE Select.
- TRICARE Prime offers fewer out-of-pocket costs than TRICARE Select, but less freedom of choice for providers.
- If you have **other health insurance** TRICARE Prime might not be right for you.

How to Enroll—3 Options

1. Online via the [Beneficiary Web Enrollment website](#)
 2. Call your regional contractor
- West Region: 1-844-866-9378

		TRICARE Prime, Group A (entered service before 1/1/2018)	TRICARE Prime, Group B (entered service on/after 1/1/2018)
Enrollment Fees or Premiums	Enrollment Fees or Premiums	\$0	\$0
Deductibles	Deductible	\$0	\$0
Catastrophic Cap	Catastrophic Cap	\$1,000	\$1,058
Health Plan Costs	Outpatient Visit - Primary	Primary: \$0 Non-network: <u>POS</u>	Primary: \$0 Non-network: <u>POS</u>
	Outpatient Visit - Specialty	Network: \$0 Non-network: <u>POS</u>	Network: \$0 Non-network: <u>POS</u>
	Urgent Care	TRICARE- authorized urgent care provider: \$0 Any other urgent care provider: <u>POS</u>	TRICARE- authorized urgent care provider: \$0 Any other urgent care provider: <u>POS</u>
	Emergency Services	Network: \$0	Network: \$0
	Laboratory and X-Ray	Network: \$0 Non-network: <u>POS</u>	Network: \$0 Non-network: <u>POS</u>

TRICARE Select® (when active duty 30+ days; only family)

TRICARE Select is a fee-for-service plan available in the United States.

- You must show eligible for TRICARE in the Defense Enrollment Eligibility Reporting System(DEERS)
- Enrollment is required, learn more on the [Select Enrollment Page](#).

Who Can Participate?

- Active duty family members
- Retired service members and their families
- Family members of **activated** Guard/Reserve members (active duty 30+ days)
- Non-activated Guard/Reserve members and their families who qualify for care under the [Transitional Assistance Management Program](#)
- Retired Guard/Reserve members at age 60 and their families
- Survivors
- Medal of Honor recipients and their families
- Qualified former spouses

How it Works

Schedule an appointment with any TRICARE-authorized provider

Referrals not required for most primary and specialty appointments. You may need pre-authorization from your regional contractor for some services.

You won't receive a TRICARE wallet card when using TRICARE Select. All you need is your military ID as proof of coverage.

What You Pay

Costs vary based on the sponsor's military status. You'll pay:

- An annual outpatient deductible
- Cost shares (or percentage) for covered services
- Enrollment fees. Beginning Jan. 1, 2021, [Group A](#) retirees will have to pay [enrollment fees](#).

[>>View TRICARE Select Costs](#)

Is TRICARE Select Right for You?

- If you're on active duty (including activated Guard/Reserve members), you can't use TRICARE Select.
- TRICARE Select may be the right choice for you if:
 - You live in an area where you can't use TRICARE Prime
 - You have **other health insurance** such as an employer-sponsored health plan
 - You're seeing a provider who isn't in the TRICARE network and you don't want to switch.

		TRICARE Select, Group A (entered service before 1/1/2018)	TRICARE Select, Group B (entered service before 1/1/2018)
Enrollment Fees or Premiums	Enrollment Fees or Premiums	\$0	\$0
Deductibles	Deductible	E1-E4: \$50/individual and \$100/family E5 & above: \$150/individual and \$300/family	E1-E4: \$52/individual and \$105/family E5 & above: \$158/individual and \$317/family
Catastrophic Cap	Catastrophic Cap	\$1,000	\$1,058
Health Plan Costs	Outpatient Visit - Primary	Network: \$22 Non-network: 20%	Network: \$15 Non-network: 20%
	Outpatient Visit - Specialty	Network: \$34 Non-network: 20%	Network: \$26 Non-network: 20%
	Urgent Care	Network: \$22 Non-network: 20%	Network: \$21 Non-network: 20%
	Emergency Services	Network: \$93 Non-network: 20%	Network: \$42 Non-network: 20%
	Laboratory and X-Ray	Network: \$0 Non-network: 20%	Network: \$0 Non-network: 20%